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**‘Don’t call me unless it’s an emergency’ should be taken just as seriously as ‘don’t talk to me until I’ve had my morning coffee.’**

In this episode, Ben and Lauren discuss the kind of communication that requires a gadget caught between the all-out, ‘get me out’, sending-out-an-SOS Personal Locator Beacon, and the in-range, down-the-road, yarn-with-Mum mobile phone.

From connecting to satellites and choosing the right device, to navigating, recharging, and maintenance - we’re sending our own important message to every outdoor adventurer ahead of their next off-grid escape.



*Ben and Lauren discuss the gadget that falls between the Personal Locator Beacon and the mobile phone. Image: Zoleo*

## **Shortcuts:**

00:00 - Intro

02:06 - Citizen Band (CB) or Ultra-High Frequency (UHF) Radios

03:21 - Short- and Long-Distance Communication

06:36 - Connecting to Satellites



07:09 - Satellite Communication Networks  
08:50 - Satellite Navigation Systems  
09:35 - Satellite Phones  
11:24 - Satellite-Based Communication Devices  
14:02 - Zoleo  
14:40 - Spot Messenger  
15:43 - Choosing the Right Device  
18:02 - Maintenance and Recharging  
18:26 - Starlink  
21:58 - Summary

## Mentioned in this Episode:

### Podcasts:

[Ep49 - PLB Comparisons](#)

[Ep36 - UHF Radios with GME](#)

### Products:

[Zoleo Global Satellite Communicator](#)

[Spot Satellite Messenger](#)

### Other:

[Iridium Satellite Communication Network](#)

[Thuraya Satellite Communication Network](#)

[GLONASS Satellite Navigation System](#)

[COSPAS-SARSAT International Satellite System](#)

[GALILEO Global Navigation Satellite System](#)

[Starlink](#)

## Thanks for listening, tune in again for next fortnight's episode!

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If you have any questions for Ben and Lauren, make sure you head over to our [Facebook group](#) and let us know as we'd love to hear from you.

Catch you out there!