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Or watch the video version here:

Lauren swaps the Oztent RV with the Mercedes backseat, and the swag bags for the Swagger 3Ps!

Be it caravan park setups or roadside pullups, Lauren's Sprinter van is decked out with the campsite tackle, kitchen kit, and sleep systems for every off-grid adventure.

Join our gear gurus as they unload Lauren's mobile mover - from the truck tarp shelter fit for family-sized shindigs, to the work-in-progress bevvie station in the crevice of her barn door.

Shortcuts:

- 00:00 - Intro
- 00:35 - Last Week on the Snowys Camping Show...
- 02:22 - Lauren's Camping Style
- 03:18 - Lauren's Sprinter Van Setup
- 08:59 - Interior
- 10:06 - Lauren's Shelters, Awnings and Groundsheets
- 14:40 - Lauren's Sleep System
- 17:39 - Lauren's Camp Kitchen
- 21:03 - Lauren's Drawer Systems
- 23:33 - Lauren's Washing Station
- 24:09 - Water
- 25:11 - Lauren's #VanLife
- 26:00 - Activities and Games
- 29:27 - Pro's of Lauren's Setup
- 29:43 - Potential Changes
- 31:08 - Lauren's Past Setups
- 32:14 - Lauren's Future Setups
- 36:12 - Watch This Space...

Mentioned in this Episode:

- [Coleman Instant Swagger 3P Tent](#)
- [Tarps & Matting](#)
- [Supa Peg Outbound Shield 6 Freestanding Awning](#)
- [Zempire Bomberpad 3D Camp Mattress](#)
- [Exped SIM 3.8 M Sleeping Mat](#)
- [OZtrail Cotton Canvas Jumbo Sleeping Bag](#)
- [Coleman Stratus Fleece Sleeping Bag Liner](#)

[Stoves & Cookers](#)

[Companion 4kg LCC27 Gas Cylinder](#)

[Cookware](#)

[Tableware](#)

[Solar & Power](#)

[First Aid & Survival](#)

[Pegs, Poles & Repair](#)

[Sinks, Tubs & Buckets](#)

[Bulk Water Storage](#)

[Sea to Summit Watercells](#)

[myCOOLMAN CCP85DZ Dual Zone Portable Fridge/Freezer 85L](#)

[Drawer Fridges](#)



*Lauren's setup can accommodate both a couples' trip and larger family holiday of six people.
Credit: Lauren Wishart*

Thanks for listening, tune in again for next week's episode!

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If you have any questions for Ben and Lauren, make sure you head over to our [Facebook group](#) and let us know as we'd love to hear from you.

Catch you out there!